

EnligHTN™ I, First-in-Human Multicenter Study of a Multi-Electrode Renal Denervation Catheter in Patients with Drug-Resistant Hypertension

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Background

- Renal denervation has emerged as a new treatment for patients with drug-resistant hypertension
- Single-tip electrode radiofrequency ablation catheters have been used to achieve sympathetic fiber interruption through the renal artery wall
- However, systems designed to create predetermined predictable ablation patterns have not been tested
- Ideal lesions are transmural, causing fiber interruption, but no scar or charring

Study Objectives

- To investigate the safety and efficacy of a multi-electrode catheter ablation system (EnligHTN) in patients with drug-resistant hypertension
- Safety Markers: Any adverse event occurring during the study
- Primary Efficacy Marker: Change in office BP at 6 months
- Additional Endpoints Assessment Over Time:
 - Renal artery evaluation
 - Renal function
 - Home based BP
 - 24 hr. ambulatory BP
 - Anti-hypertensive medication changes

EnligHTN™ Multi-Electrode Renal Denervation System*

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Ablation Catheter



- Multi-electrode
- Radiopaque electrodes
- 8 F compatible
- Deflectable, atraumatic tip
- Femoral access

Generator

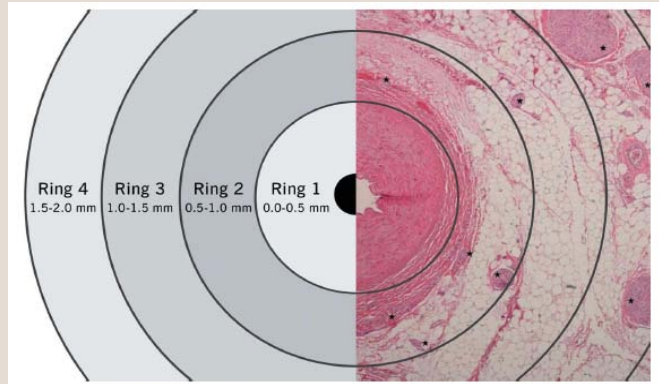


- Default settings:
 - Power output (6 Watts)
 - Impedance (400Ω)
 - Electrode temperature (75 degrees C)
 - Time (90 seconds per ablation)
- Temperature controlled

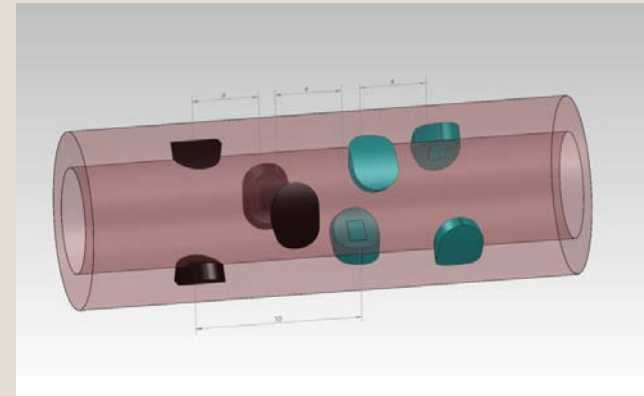
Renal Procedure Goal: Effective Denervation

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Transmurality*



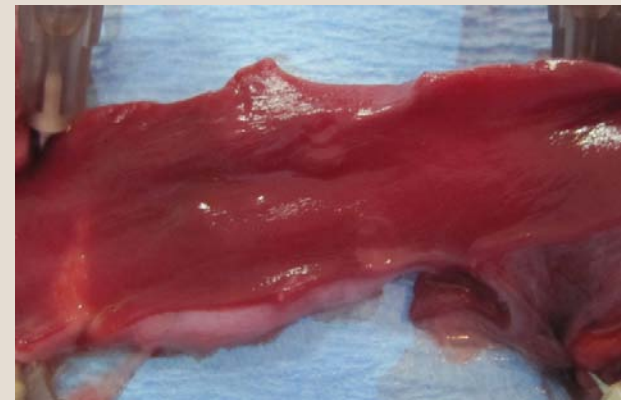
Predictable Pattern



Acute lesion formation**



After one month**



* Atherton DS, Deep NL, Mendelsohn FO, Micro-Anatomy of the Renal Sympathetic Nervous System: A Human Postmortem Histological Study, Clinical Anatomy 2011.

** Animal study. Results on file at St. Jude Medical

Procedure Overview

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- Initial basket positioning proximal to the bifurcation
- Expand basket and perform generator diagnostic check for electrode contact
- Ablate – 90 seconds per electrode
- For a second set of ablations the basket is collapsed, pulled back 1 cm, rotated and expanded, contact is checked and ablation sequence repeated



EnligHTN I: First-in-Human Clinical Trial

Inclusion / Exclusion Criteria

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Inclusion Criteria

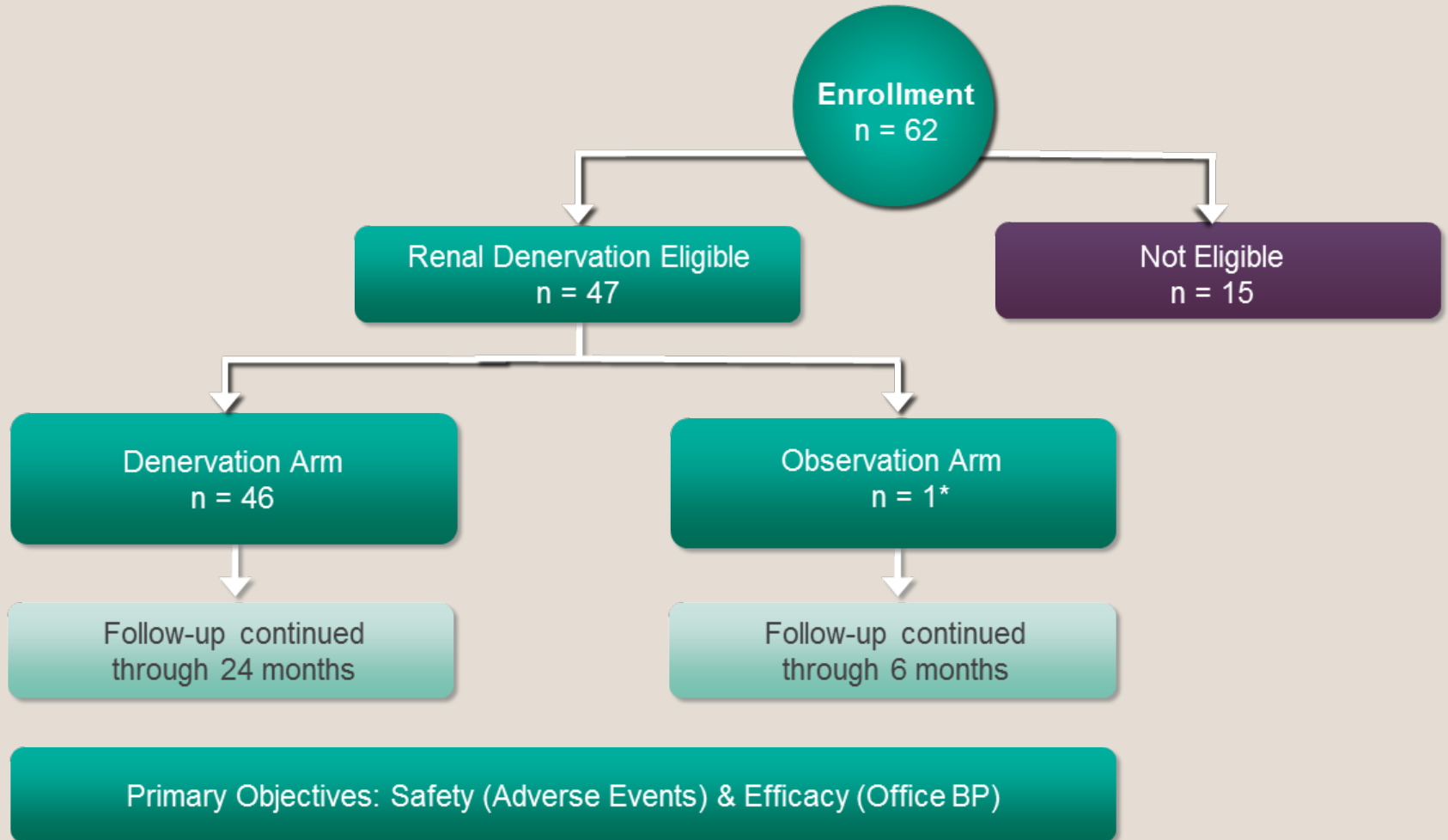
- Patient written informed consent
- Willing / able to comply with follow-up schedule
- Appropriate renal artery anatomy
- Office Systolic BP \geq 160 mmHg
- Stable use of \geq 3 antihypertensive medications concurrently at maximally tolerated doses for a minimum of 14 days prior to enrollment of which:
 - one is a diuretic, or
 - patient was on diuretic previously but documented to be diuretic intolerant
- \geq 18 and \leq 80 years old

Exclusion Criteria

- Prior renal artery intervention or evidence of renal artery disease (diameter stenosis $>$ 30%)
- Multiple main renal arteries in either kidney or main renal arteries $<$ 4 mm in diameter or $<$ 20 mm in length
- eGFR of $<$ 45 mL/min/1.73m² (MDRD formula)
- Type 1 Diabetes Mellitus or identified secondary cause of hypertension
- Hemodynamically significant valvular heart disease

Study Design

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* Exclusion due to renal artery anatomy therefore renal denervation was not attempted.

Baseline Characteristics

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	n = 46*
Gender (female)	15 (33%)
Ethnic origin (white)	45 (98%)
Body Mass Index (kg/m ²)	32 (\pm 5)
Coronary Artery Disease	9 (20%)
Hyperlipidemia	27 (59%)
Type II Diabetes Mellitus	15 (33%)
Sleep Apnea	14 (30%)
eGFR (mL/min/1.73m ²)	87 (\pm 19)
Serum Creatinine (μ mol/L)	78 (\pm 17)
Cystatin C (mg/L)	1.14 (\pm 0.29)
Number of Anti-Hypertensive Medications	4.1 (\pm 0.6)
Office Systolic Blood Pressure (mmHg)	176 (\pm 16)
Office Diastolic Blood Pressure (mmHg)	96 (\pm 14)
Heart Rate (bpm)	71 (\pm 12)

- Two patients did not meet all inclusion criteria, but are included in the analyses
- Data are mean (\pm SD) or number (%)

Results: Safety Data

Safety outcomes up to 6 months:

- Serious Peri-Procedural Events: NONE
 - No renal artery dissections, aneurysms or new stenosis
 - No flow-limiting renal artery vasospasms
 - No major vascular access complications
- Non-Serious Peri-Procedural Events:
 - Non-flow limiting vasospasms, puncture site hematomas, vasovagal reactions, low back pain, hypotensive episodes, transient hematuria, nausea and bradycardia
- Serious device/procedure events include:
 - Worsening of pre-existing proteinuria (n=1)
 - Symptomatic hypotension (n=1)
 - Worsening of pre-existing renal artery stenosis (n=1)

The EnligHTN System delivers renal denervation with an acceptable safety profile through 6 months

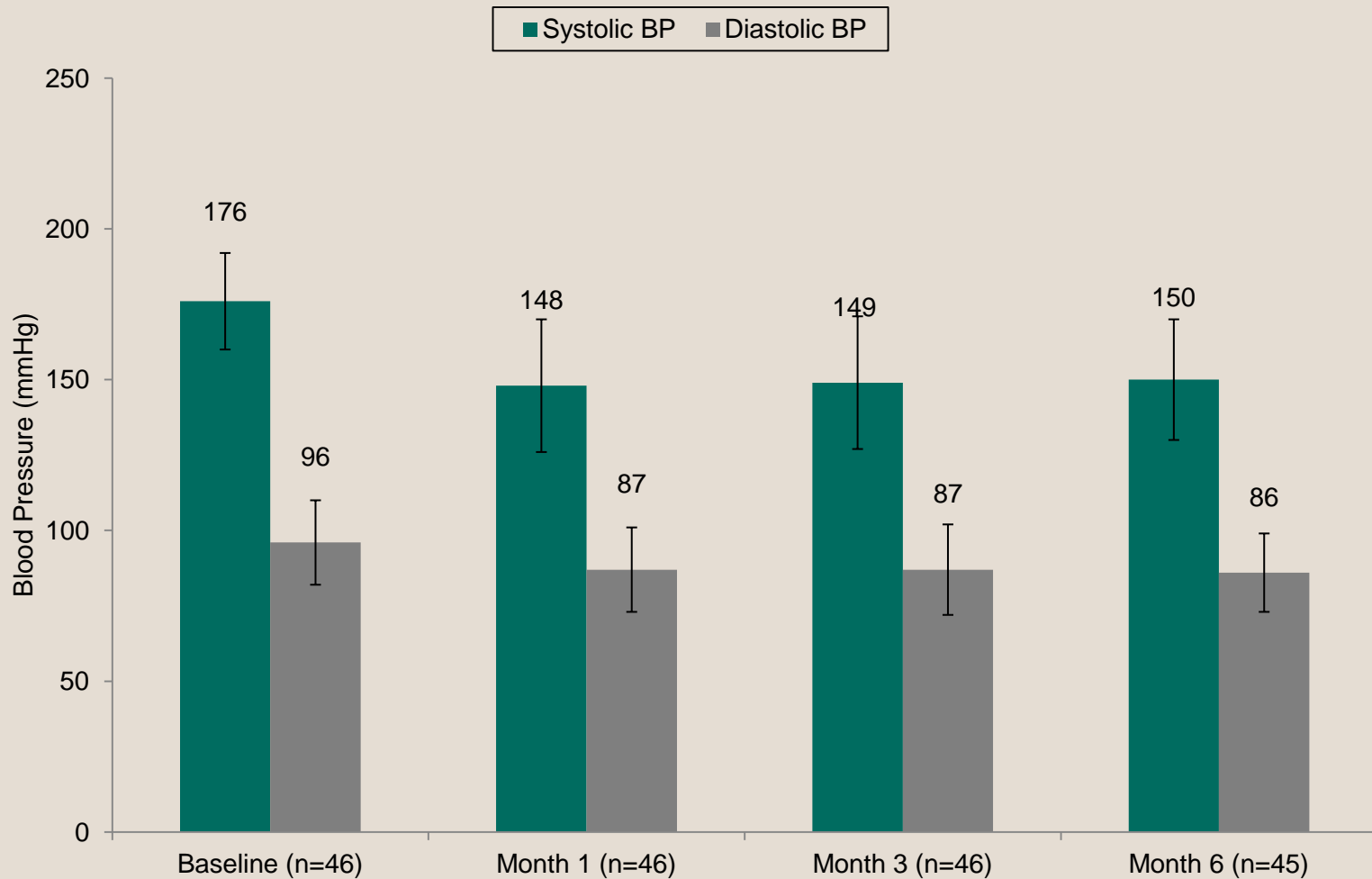
Renal Function

- There was no clinically significant change in renal function
 - No patient experienced:
 - a reduction in eGFR >50%,
 - a two-fold increase in Serum Creatinine, or
 - progressed to end stage renal disease
 - Laboratory Values:

	Baseline (n=46)	Month 1 (n=46)	Month 3 (n=46)	Month 6 (n=45)
eGFR (mL/min/1.73m ²)	87 (±19)	85 (±20)	84 (±22)	82 (±20)
Serum Creatinine (mmol/L)	78 (±17)	79 (±19)	81 (±20)	83 ± (20)
Cystatin C (mg/L)	1.14 (±0.29)	1.00 (±0.25)	0.97 (±0.20)	1.00 (±0.23)

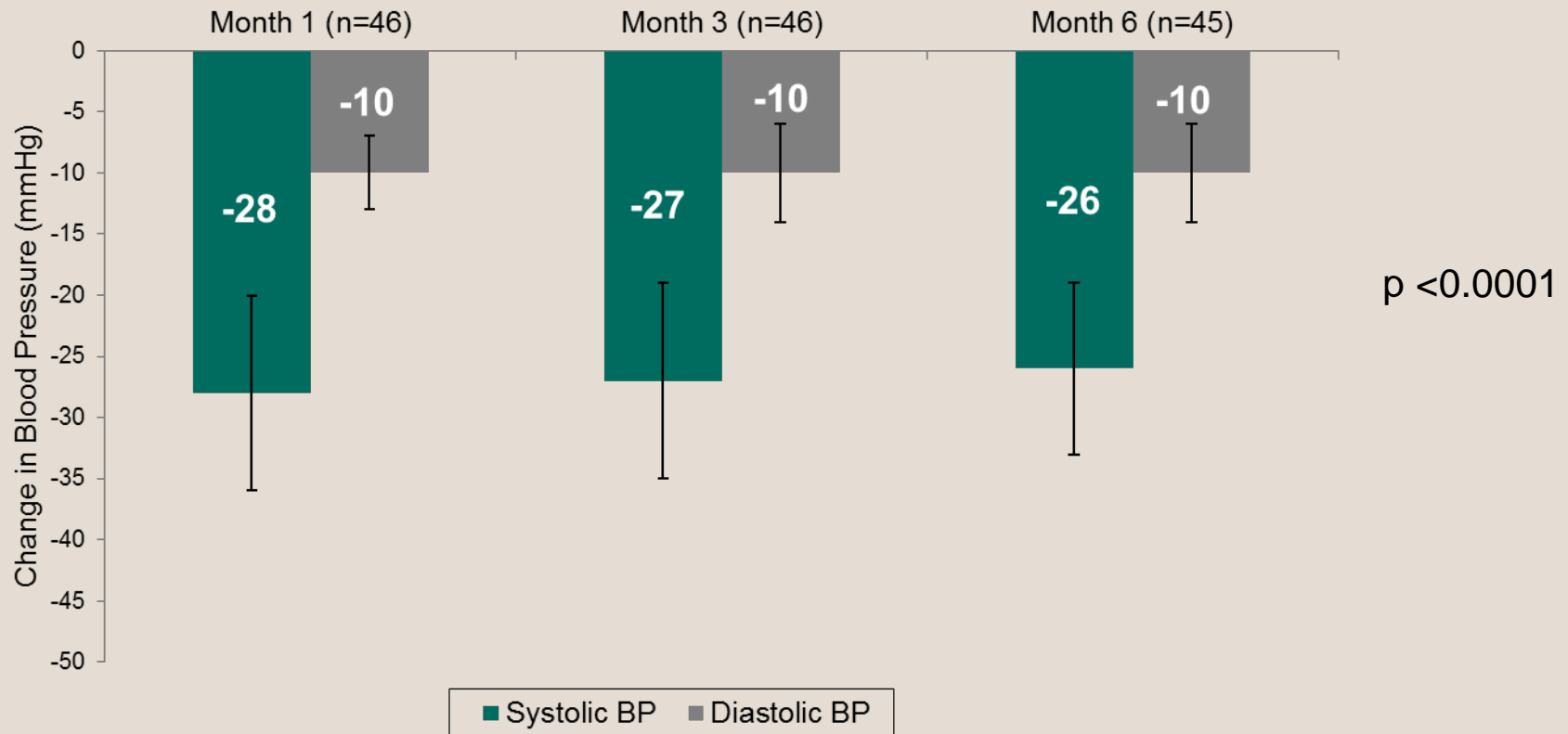
Mean Office Blood Pressure

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Office BP Reduction from Baseline

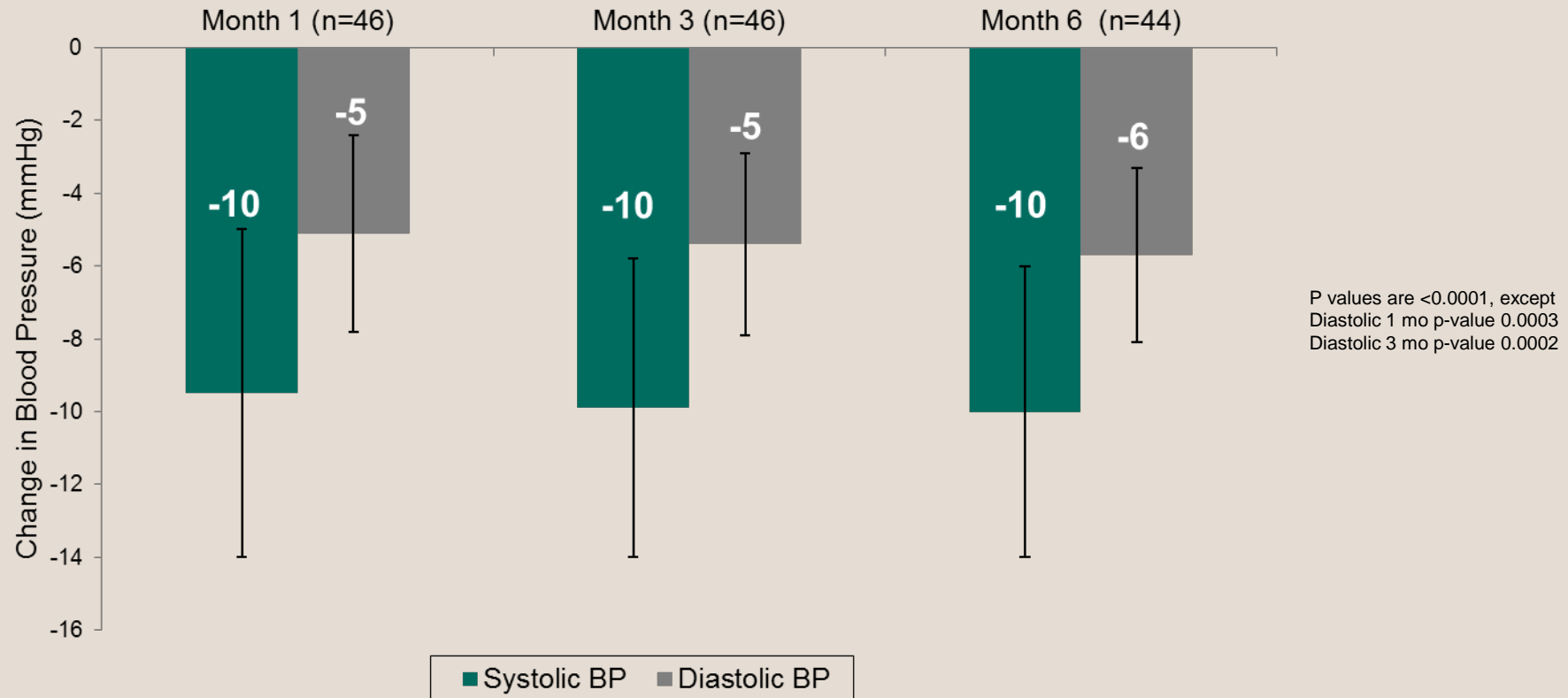
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EnligHTN therapy delivers a rapid and significant reduction in Office BP that is sustained through the 6M timeframe

24 hr Ambulatory BP Reduction from Baseline

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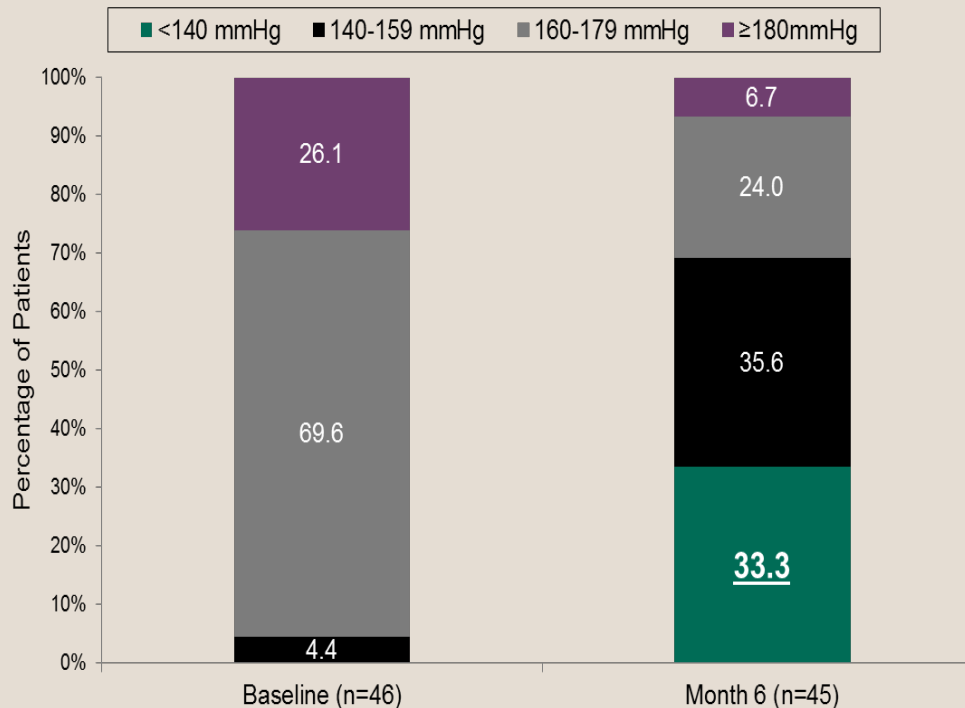


EnligHTN therapy delivers a rapid and significant reduction in Ambulatory BP that is sustained through the 6M timeframe

Responder & Goal Blood Pressure Parameters

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- % Responders (>10 mmHg Reduction from baseline) = 76% (n=34)
- At Goal SBP:



2/3 of patients will have a great enough reduction in their BP to move to a lower stage of HTN classification / treatment and approximately 1/3 of patients treated with EnligHTN no longer meet HTN classification

Conclusions

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Safe

- No renal artery dissections, aneurysms, or new stenoses
- No flow-limiting renal artery vasospasms
- No major vascular access complications

Rapid Treatment Effect

- Office BP was reduced by 28/10 mmHg at 1 month

Sustained Results

- Office and Ambulatory BP results were concordant and sustained at 6 months
- 76% of patients were responders at 6 months

The EnligHTN™ system delivers a promising therapy for the treatment of patients with drug-resistant hypertension